

Team Captains' Meeting

Saturday and Sunday competitions





AGENDA

- Roll Call
- Check of entries
- Organizing Committee and Jury
- Event Program
- Weather Forecast
- Stadium and courses
- Flour testing
- Ski testing and warm-up
- Course Preparation and Grooming
- Information from TD
- Other information



ROLL CALL

- AUS
- EST
- FIN
- LAT
- NOR
- SWE
- UKR
- USA



CHECK OF ENTRIES

- Interval start 20 km Classical technique
 - 69 women
 - 121 men
- Please check the starting lists!
- Bibs will be given out in the morning on the stadium from 9 o'clock
- Transponders before start at the starting zone



OC and JURY

- ORGANIZING COMMITEE
 - Chief of Organizing Committee
 - Chief of Competition
 - Competition Secretary
 - Chief of Courses
 - Chief of Time keeping
- JURY
 - FIS Technical Delegate
 - National Assistant TD
 - Chief of Competition
- FIS EQUIPMENT CONTROL

Kristjan Külm Otto Riisenberg Ave Nurk Tiit Tammemäe Vahur Leemets

Jonna Haapamäki-Syrjälä, FIN Germo Kalpus, EST Otto Riisenberg, EST

Robert Peets, EST

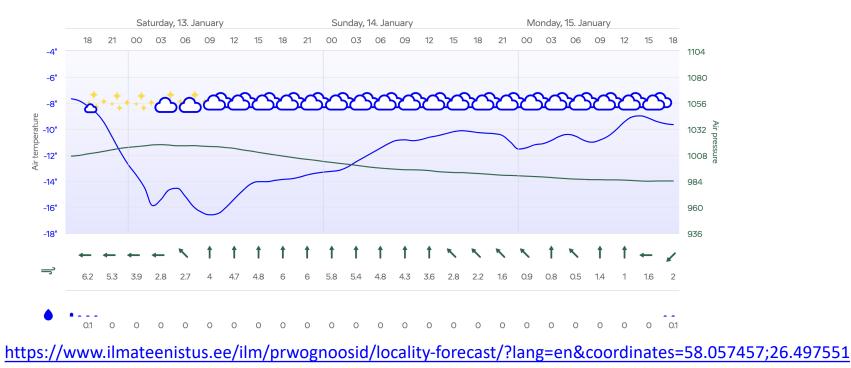


EVENT PROGRAM SATURDAY & SUNDAY

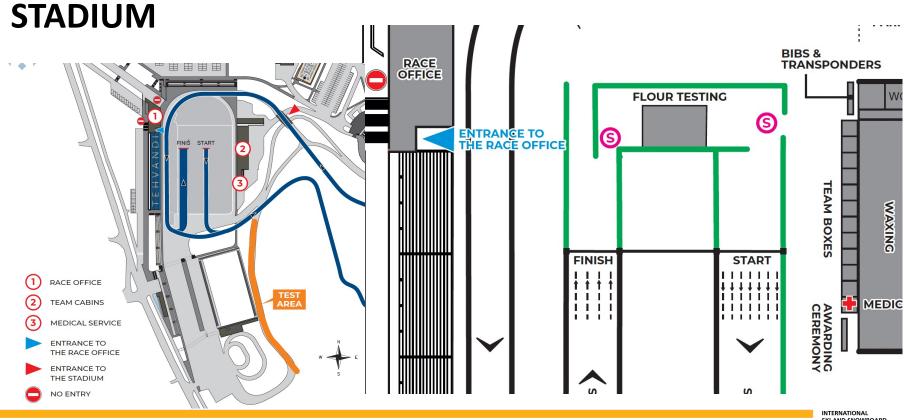
Saturday, 13.	01.2024	
Time	Event	Place
09:00-18:00	Race Office open	Tehvandi Ski Stadium Building
09:00 - 10:55	Official training W/M CL track and warm-up	Tehvandi Sport Center tracks
11:00	Interval start, 20km C, Women	Tehvandi Sport Center tracks
~13:00	Prize giving ceremony, Women	
13:15	Interval start, 20km C, Men	Tehvandi Sport Center tracks
16:00	Prize giving ceremony, Men	
16:00 - 18:00	Offical training W/M on F track	Tehvandi Sport Center tracks
Sunday, 14.0 ⁻	1.2024	
Time	Event	Place
08:00 - 13:00	Race Office open	Tehvandi Ski Stadium Building
08:00 - 08:55	Course open for warm-up	Tehvandi Sport Center tracks
9:00	Interval start, 10km F, Women	Tehvandi Sport Center tracks
10:20	Interval start, 10km F, Men	Tehvandi Sport Center tracks
12:00	Prize giving ceremony	



WEATHER FORECAST







INTERNATIONAL SKI AND SNOWBOARD FEDERATION

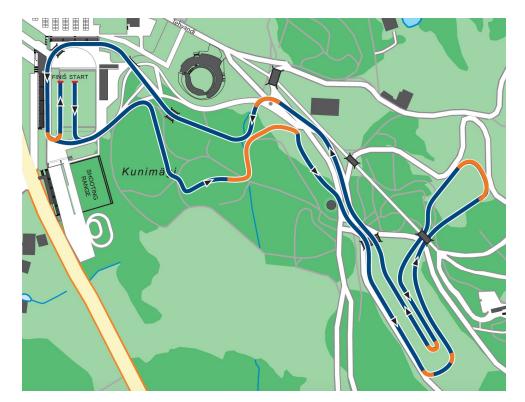


COURSE

3,3 km course will be skied 6 times

SATURDAY

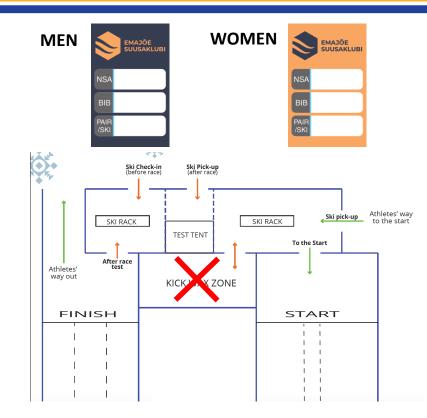
- 2 set of tracks on the course
- Finish 4 corridors
- Turning technique zones marked with V-boards and branches
- SATURDAY & SUNDAY
 - No coaching on the stadium





FLOUR TESTING

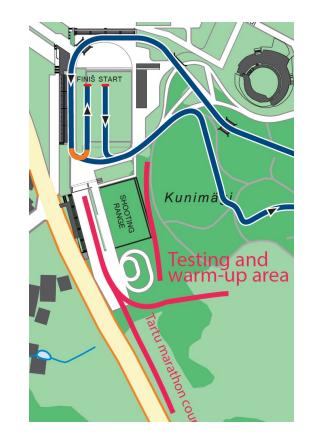
- There is no ski testing before race on Saturday. Skies are tested after the race.
- No Kick wax zone on Saturday
- Pre-race testing on Sunday!
 - Station will be open 45 minutes before race start
 - Skies must be checked in 30 minutes before start time.
- Stickers for both skies





WARM-UP and SKI TESTING

- Testing area will be open from 7:00. Lights will be turned behind shooting range
- There is new testing section on first uphill on Sprint course with 4 tracks
- Competition course is open at 9.00 in the morning for Official training and warm-up
- Course will be closed 5 minutes before by forerunners
- Ski testing is allowed only on testing course
- Training is possible on marathon track





COURSE PREPARATION AND GROOMING

- The Course will be prepared for the competition late in the evening
- Markings will be done in the morning before 9
- In Finish 4 corridors (On Sunday 3 corridors)
- Saturday turning technique zone are marked with V-boards and branches
- No coaching on stadium
- Any questions? Comments?



GENERAL INFORMATION FROM TD

SATURDAY

- Classical Technique competition (ICR 310.2.2) skiing technique will be controlled.
- The pole length will be controlled (ICR 343.8.1)

SATURDAY AND SUNDAY

- Passing of other competitors (ICR 343.10.1)
- Competitors who receive a second written reprimand in the same season will be automatically disqualified. (ICR 352.2.3)
- Nice and fare competition to all!

THANK YOU!

GOOD LUCK FOR THE WEEKEND

