



Otepää, Estonia
15.-17.03.2024

**NORDIC JUNIOR
COMPETITION**
X-COUNTRY | SKI JUMPING | NORDIC COMBINED



TEHVANDI



Otepää, Estonia
15.-17.03.2024

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Program Team Captains Meeting

- Welcome by the Chairman of the Organizing Committee
- Roll Call
- Introduction of the competition management and the jury
- Presentation of the judges
- TD information
- Program (Event Schedule)
- Weather forecast
- Emergency and Medical Plan
- Information from the LOC

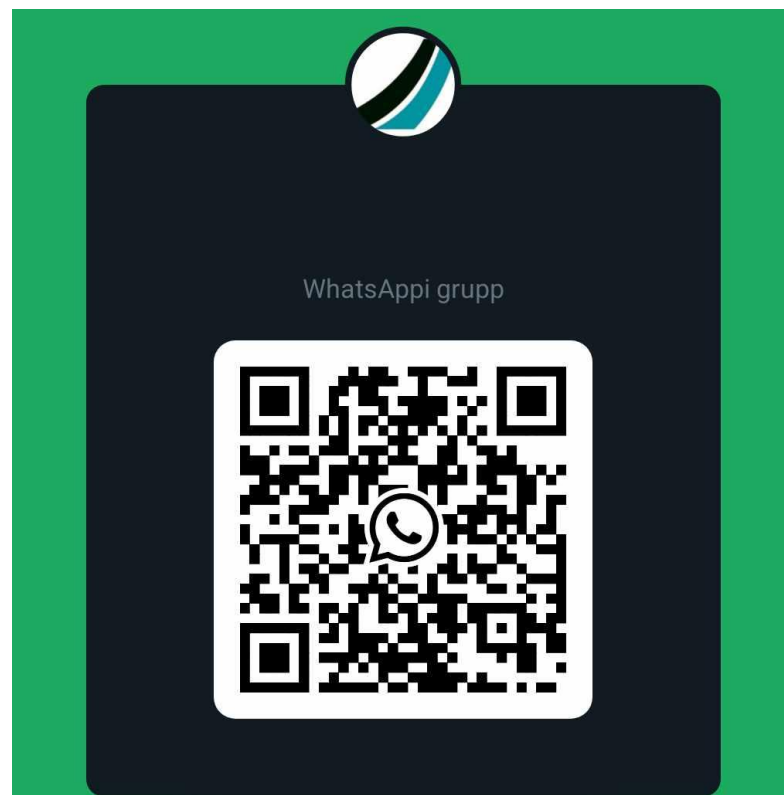


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Welcome by the Chairman of the LOC

Karl MUSTJÕGI (EST)





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Roll Call

Nordic Combined



ESTONIA



FINLAND



NORWAY



LATVIA

Ski Jumping



ESTONIA



FINLAND



NORWAY



SWEDEN



LATVIA



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Competition Management

Chief of Competition	Karl MUSTJÕGI	(EST)
TD and Chief of Wind	Suzanne TAHK	(EST)
TDA and Distance	Rauno LOIT	(EST)
Secretary	Urve LOIT	(EST)
Chief of Jumping Hill	Karl-August TIIRMAA	(EST)
Chief of Judges	Kristi LOIT	(EST)
Equipment	Alar KUKKA	(EST)
SJ Starter	Jaan JÜRIS	(EST)
Chief of XC Race	Vahur LEEMETS	(EST)
Ski Waxing	Thomas KUUS	(EST)



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Competition Judges

- A - Kristi LOIT (EST)**
- B - Vahur TASANE (EST)**
- C - Tapio KALLIO (FIN)**
- D - Alf Kristian FAHLE (NOR)**
- E - Lars-Erik ERIKSSON (SWE)**



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Information TD

Suzanne TAHK (EST)



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Information Chief of Competition

Karl MUSTJÕGI (EST)



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Program

THURSDAY, 14th of March 2024

- 12:00 SJ and NC Race office (subrace office) is open at the time of ski jumping at Tehvandi Ski Jumping Hill 2nd floor
- | | | |
|-------|--|------------------|
| 12:00 | Team Captains Meeting | Tehvandi HS97 |
| 13:00 | NC Official training (2 rounds W and M) | Tehvandi HS97 |
| 14:30 | NC PCR (1 round W and M) | Tehvandi HS97 |
| 15:00 | NC Official trainings Cross-Country W and M | Tehvandi stadium |
| 16:30 | SJ Official training (2 rounds) ski jumping, W | Tehvandi HS97 |
| 17:30 | SJ Official training (2 rounds) ski jumping, M | Tehvandi HS97 ?? |



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Program

FRIDAY, 15th of March 2024

- | | | |
|-------|---|------------------|
| 08.30 | Subrace office is open - Tehvandi Ski Jumping Hill 2nd floor | |
| 09:30 | NC Trial and Ski jumping round - M individual | Tehvandi HS97 |
| 11:00 | NC Trial and Ski jumping round – W individual | Tehvandi HS97 |
| 12:00 | SJ Trial and ski jumping competition rounds and Prize giving ceremony – W | Tehvandi HS97 |
| 13:15 | SJ Trial and ski jumping competition rounds and Prize giving ceremony – M | Tehvandi HS97 |
| 16:00 | NC Cross-country race (3 x 2,5 km) – M individual | Tehvandi stadium |
| 16:45 | NC Cross-country race (2 x 2,5 km) – W individual | Tehvandi stadium |
| | NC Prize giving ceremony – men and W | Tehvandi stadium |



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SATURDAY, 16th of March 2024

- | | | |
|-------|---|------------------|
| 08.30 | Subrace office is open - Tehvandi Ski Jumping Hill 2nd floor | |
| 09:30 | NC Trial round and Ski jumping round– team sprint M | Tehvandi HS97 |
| 11:00 | NC Trial round and Ski jumping round– team sprint W | Tehvandi HS97 |
| 12:00 | SJ Trial, ski jumping competition rounds and Prize giving ceremony – team W | Tehvandi HS97 |
| 13:45 | SJ Trial, ski jumping competition rounds and Prize giving ceremony – team M | Tehvandi HS97 |
| 16:00 | NC Team sprint Cross-country race (5 x 1 km x 2) – M | Tehvandi stadium |
| 16:45 | NC Team sprint Cross-country race (3 x 1km x 2) – W | Tehvandi stadium |
| | NC Prize giving ceremony – M and W | Tehvandi stadium |



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Program

SUNDAY, 17th of March 2024

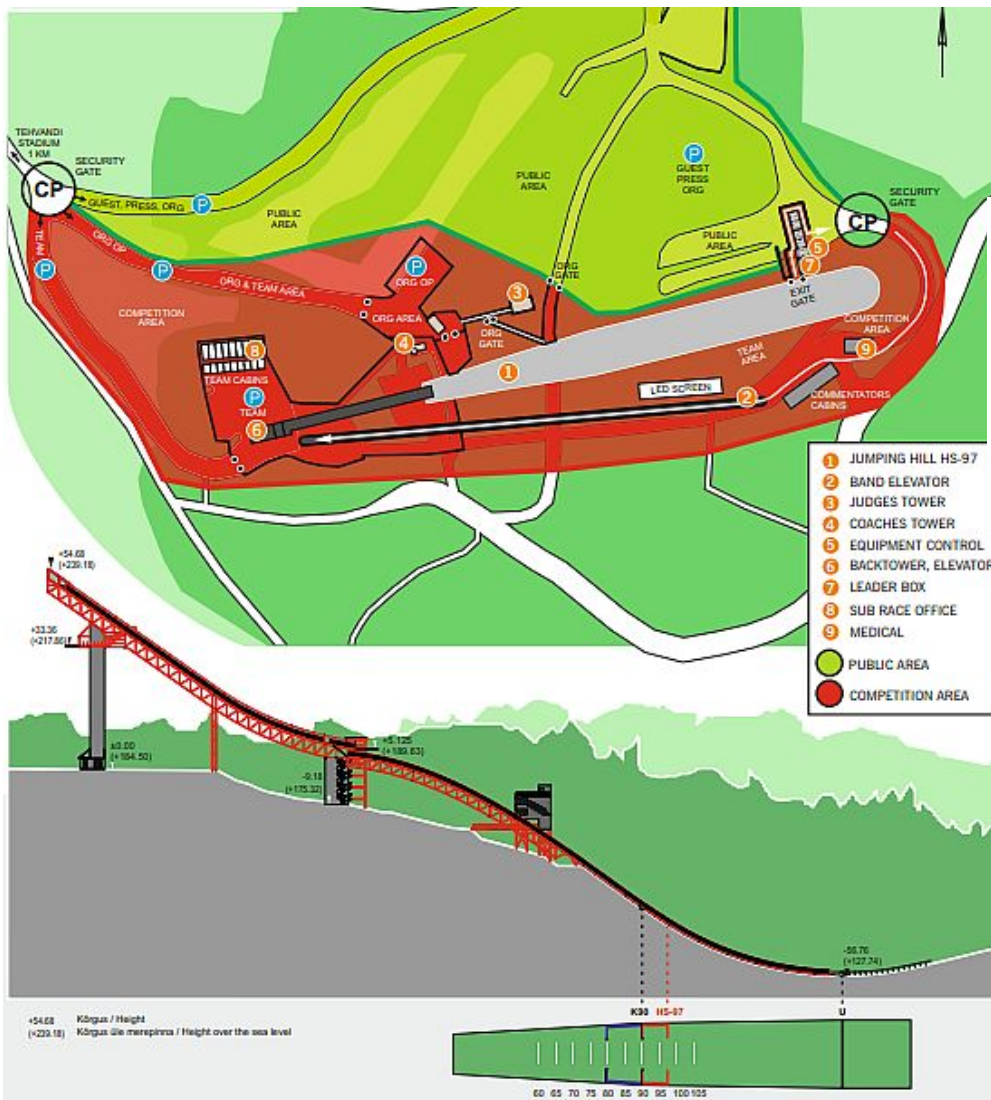
- | | | |
|-------|--|---------------|
| 08.30 | Subrace office is open - Tehvandi Ski Jumping Hill 2nd floor | |
| 09:00 | SJ Trial round – mixed team | Tehvandi HS97 |
| | SJ 1st ski jumping competition round – mixed team | Tehvandi HS97 |
| | SJ 2nd ski jumping competition round – mixed team | Tehvandi HS97 |
| | SJ Prize giving ceremony – mixed team | Tehvandi HS97 |



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Jumping Hill HS-97



Friday, 15. March

12	15	18	21	00	03	06	09	12	15	18	21
↗	↗	↗	↗	↗	↗	↗	↗	↗	↗	↗	↗
7	7.3	6.1	6.5	6.7	6.6	6.2	6.1	5.5	5.2	4.9	5.6

Saturday, 16. March

00	03	06	09	12	15	18	21	00	03	06	09	12
↗	↗	↗	↗	↗	↗	↗	↗	↗	↗	↗	↘	↘
5.9	5.4	5.2	5.4	4.9	5.3	3.8	4	3.5	2.7	1.1	1.1	3.7



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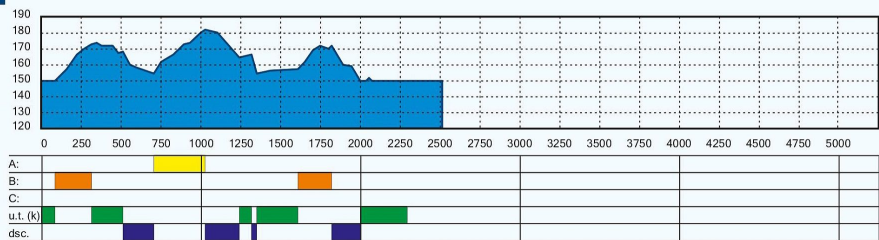
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Track Overview 2,5 km



2,5 km F

2510 m
 MAX: 185
 MIN: 150
 HD: 35
 MC: 30
 TC: 82



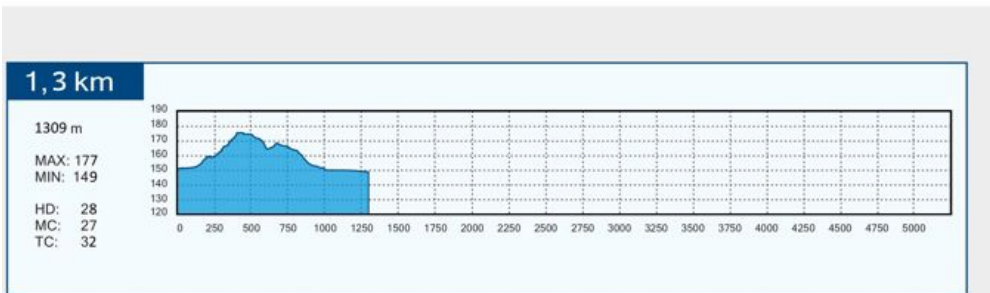
- ① RACE OFFICE
- ② TEAM CABINS
- ③ MEDICAL SERVICE
- ▶ ENTRANCE TO THE RACE OFFICE
- ▶ ENTRANCE TO THE STADIUM
- ⊘ NO ENTRY



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NC sprint 1,1 km

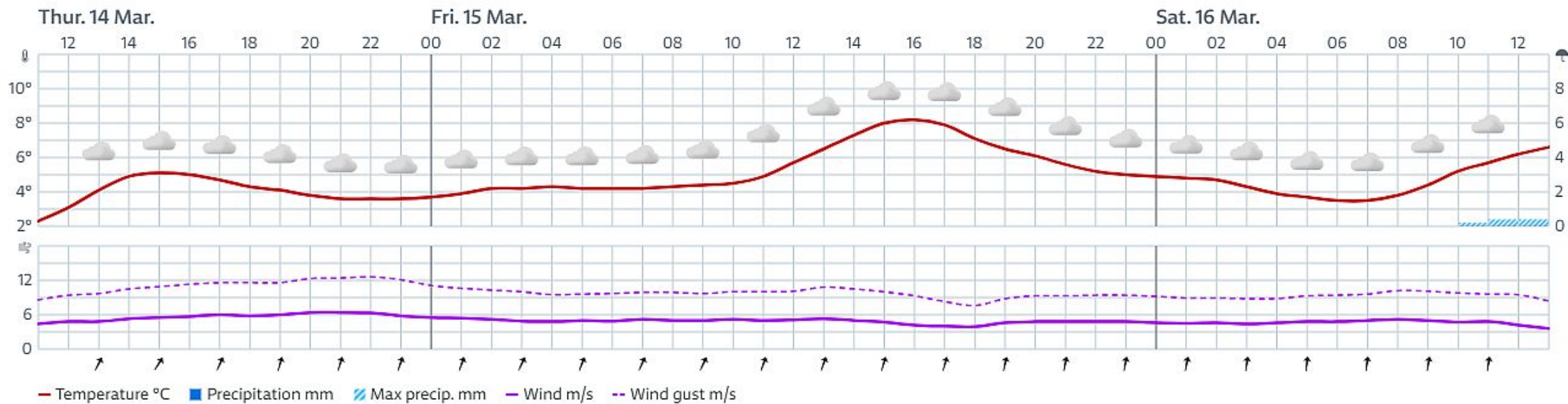




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Weather Forecast





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Equipment control

- Only binding placement is checked
- 57 % from the ski length, measured from the ski tip to the leather part of the boot



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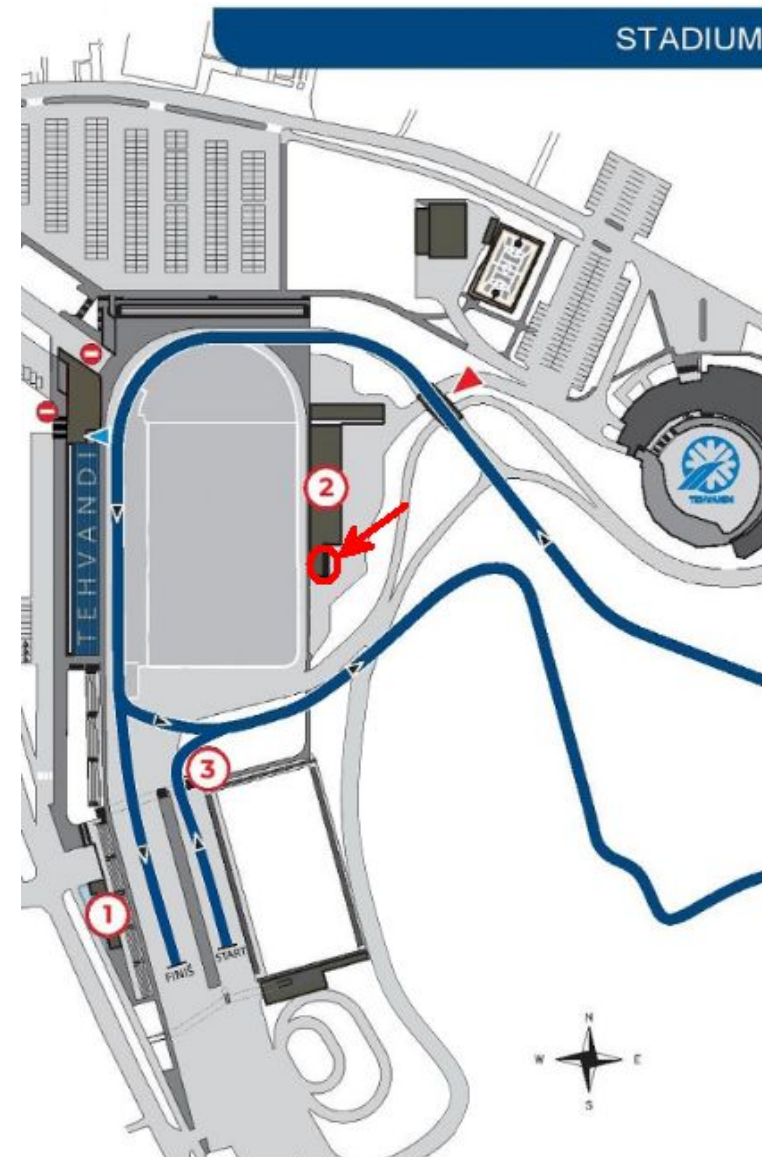
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Emergency and Medical Plan

- Ambulance vehicle at the hill during competitions
 - Located at the bottom of the hill
- One medical person at the stadium during cross-country competitions
 - Located next to shooting range in Biathlon stadium
- For emergencies call **112**

Common waxing

- Friday and Saturday from **11:45** till **12:30**
- Bring the skis to Ski Stadium waxing cabin **nr 145**
- Waxing team has labels for skis
- Please fill the labels with athlete names and stickers will be put on the skis
- Athletes will get the skis from the cross-country starting area 5 min before first athlete start
- Do we use structure as well? - Speedy structures (wide range of options)





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Information from the LOC

- **Bibs: SJ** - subrace office at Tehvandi ski jumping hill judges tower 2nd floor (45 minutes before jumping)
- All bibs from Ski jumping will be collected each day
- **XC bibs** - in main race office - Tehvandi Biathlon building 2nd floor
- **Transponders** - CC starting area
- **Judges Tower** - one person per Team is preferred
- **Transportation** - requests Karl Mustjõgi +372 5627 5604
- **Changing and Waxing rooms** - keys can be picked up in Tehvandi hotel
- **Common CC ski waxing** - at latest 12:30 to **cabin nr 145**
- **Award Ceremony** - after competitions TOP 3
SJ at the hill, NC at the stadium



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QUESTIONS?