



Otepää, Estonia
11.-13.02.2022



Covid 19 guidelines for competitors

Arrival at the competition center

- All employees, competitors and volunteers will go through a COVID checkpoint BEFORE starting work or entering the competition center.
- Covid checkpoint is located HERE
- All employees, competitors and volunteers must present COVID immunization or recovery pass with an ID.
- **All employees, competitors and volunteers must do the Ag rapid test. A negative result will guarantee accreditation.**

Additional testing

- **All competitors must do an additional Ag rapid test on Friday 11.02.2022.**
- **All employees must have a negative Ag rapid test result, which has not been done earlier than 24 hours.**

Guidelines for competitors

- All competitors (including their accompanying team members) will go through COVID checkpoint BEFORE entering the competition center (it is demanded once during a competition period)
- **It is mandatory to wear a mask (recommended FFP2) in indoor public areas. In outdoor public areas it is recommended.**
- Disinfect your hands always when you have touched another person, their belongings and/or touched common surfaces.
- All competitors must make sure that they have a valid travel/ health insurance, which would cover all costs of sickness abroad (including testing and quarantine costs).
- All competitors and their team members are informed competition's handling of COVID-19 and follow the regulations.
- If you develop any symptoms (fever, cough etc.), then:
 - Do not leave your place of residence (if you must, then use a mask and go straight to a medical station). If you are in the competition center or other public place, then separate from others and find the safest way to a medical station (COVID doctor will help).
 - Call the COVID doctor as soon as possible, follow the instructions.

COVID medic contacts: +372 56 273 074 / +372 51 682 86



Otepää, Estonia
11.-13.02.2022



Recovery pass

- With the European Union's digital COVID recovery pass, you can prove that you have had the Sars-Cov-2 disease.
- Basis of proof is a Sars-Cov-2 positive PCR done in Estonia, which has been entered into the health information system by the healthcare provider.
- COVID Recovery pass is valid for 6 months

Infection at the competition center/ during the competition

- Wears a mask and separates – tries to go while keeping the distance, to the medical tent and informs immediately the COVID doctor
- The COVID doctor will provide guidance on the necessity and possibility of COVID analysis
- Goes home or to the place of residence with their own car or they will be transported home or to the place of residence in a given vehicle, stays in quarantine

Confirmed COVID-19 in a Participant

- The Participant will stay in quarantine for 10 days
If necessary (the place of residence will not allow quarantine, there is no place for the completion of quarantine etc.) the organizer of the event will organize special rooms to quarantine
- Participant in need of hospital care will give the information to the COVID doctor, who in cooperation with the Participant will decide over the need of calling the ambulance.