



Team Info

Tallinn WorldCup

Sprint / 1,5 km F

Course:

2 x 750 m loop

- Lowest point 12m
- Highest point 35
- MC 23
- TC 52



Snow is produced

Course preparation starts
from 14th March

Program

Monday 20th March

14:00-17:00 Official training

18:00 TCM

Tuesday 21st March

15:30-16.55 Warm-up on course TBC

17:00 Qualification W

17:30 Qualification M

19:30 Finals W/M





Waxing area + ski check-in

Common waxing tent - 28 working places for wax tables for 2 persons

Monday 20th March

10:00-14:00 waxing area check-in

10:00-15:00 waxing with own waxes and tools possible

16:30-18:00 Skies check-in (2 per athlete)

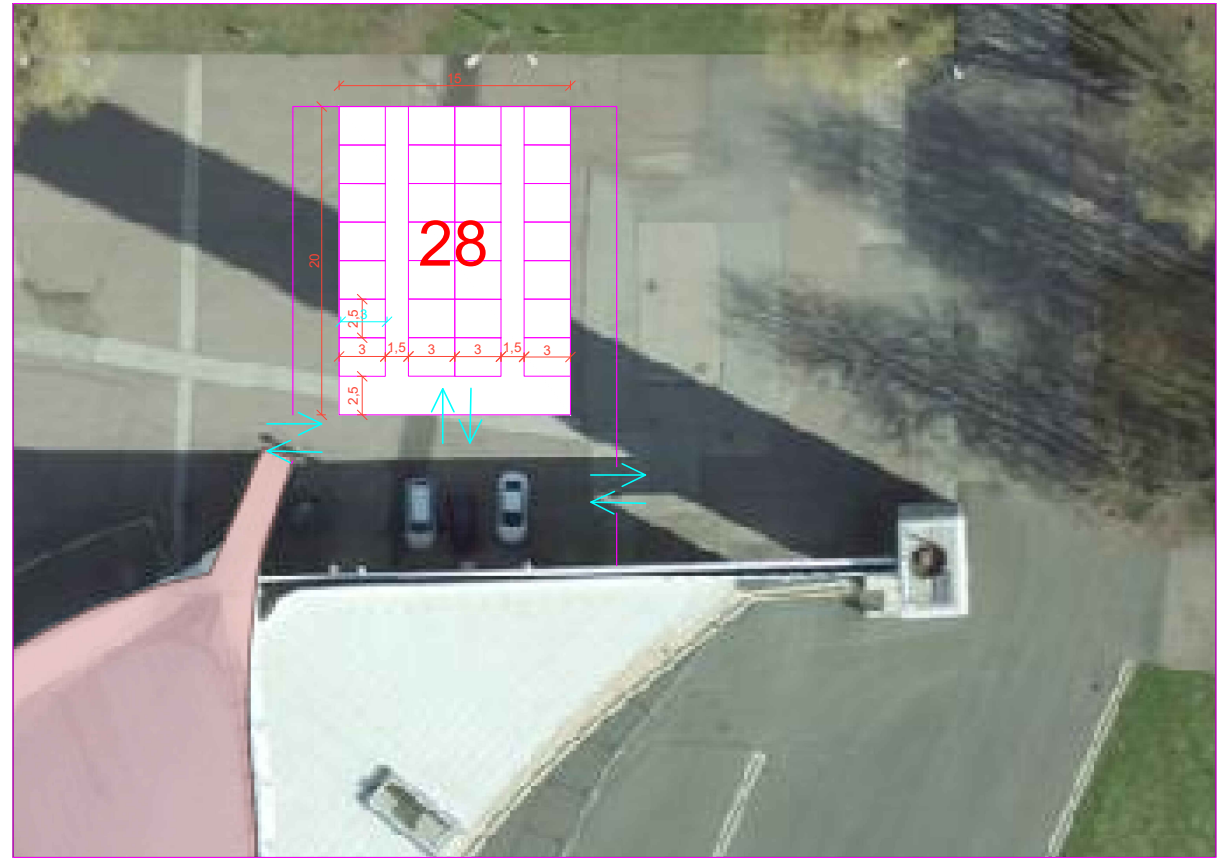
Tuesday 21st March

11:00-12:00 Ski cleaning

12:00-12:30 Waxing method introduction

12:30-15:30 Waxing with SWIX waxes

17:30-19.25 Waxing for qualified athletes





Ski hand-out

Teams must bring their own – info from SWIX

- Waxing table with profile (one table can probably be shared between two waxers, agree within your team).
- Protection mask (mandatory to enter the wax room)
- Drill machine with batteries and charger, recommended rpm > 2000
- Waxing iron 220V
- Scrapers and brushes to take off the travel wax
- Structure tools
- Tools for repairing equipment (skis, poles, bindings, boots etc.)
- Other personal equipment for waxing needs to be approved by the jury.

Swix will provide:

T191B fine steel hand brush

- T823 scraper
- T87 scraper
- T88 scraper
- T15HS horse/steel roto brush
- T17W blue nylon roto brush
- T15HPS roto handle
- T179O steel hand brush
- I84N glide wax cleaner
- DHFF Glide wax depending on the conditions, for example PS06 or
- T150 fiberlene

- T160B blue nylon hand brush
- T18F-2 roto fleece, only if liquid gliders will be used
- T18W-100 roto wool, only if products for roto wool application will be used
- Liquid wax or TST/DHFF depending on the conditions
- Working gloves
- Apron
- Ski racks (the teams must share the racks; we count on two pairs for each athlete).

SWIX will select the wax and tools according to the conditions. We will do testing on the racecourse.

Important contacts:

Morten Sætha, Swix, +47 994 42 998

Mihhail Lukertsenko, Swix, +372 5805 2569

Robert Peets, LOC Tallinn, +372 5568 1084

Michal Lamplot, FIS race director, +41 79 260 75 73

We are looking forward to the FIS Cross Country World Cup in Tallinn. If you have questions do not hesitate to contact us



See you in Tallinn