



PROGRAMM (updated November 22nd 2018)

THURSDAY, JANUARY 17TH, 2019

8.00–20.00 Race Office open Tehvandi Ski Stadium main building 2nd floor 9.30-12.00 Unofficial training sprint / distance 1,3 km CL / 1,6 km CL / 5 km CL

FRIDAY, JANUARY 18TH, 2019

8.00-20.00	Race Office open	Tehvandi Ski Stadium main building 2nd floor
9.00-20.00	Press Centre open	Tehvandi Ski Stadium main building 3rd floor
10.30-17.45	2019 Snow Volleyball	Tehvandi Snow Volleyball courts
	Estonian Open Championship - men	
11.00-13.00	Official Training – Sprint	1,3 km / 1,6 km CL
14.00-15.00	TEST Competition for Estonian young	1,3 km CL / 1,6 km CL
	skiers – Sprint	
17.00	Team Captains Meeting 1st – Sprint	Tehvandi Ski Stadium main building 2 nd floor
18.00	Team Service Competition CL (3x1km)	1 km CL
19.00	Opening Ceremony	Tehvandi Ski Stadium
18 th		

SATURDAY, JANUARY 19TH, 2019

8.00-20.00 8.00-20.00	Race Office open Press Centre open	Tehvandi Ski Stadium main building 2 nd floor Tehvandi Ski Stadium main building 3 rd floor
10.30-17.45	2019 Snow Volleyball	Tehvandi Snow Volleyball courts
44.05	Estonian Open Championship - women	4.2 km Cl
11.25	LADIES Sprint Qualifications	1,3 km CL
	MEN Sprint Qualifications	1,6 km CL
40.00	Team Captains Meeting 2 nd – Sprint	Tehvandi Ski Stadium, finish area
12.00	Qualifications of Estonian National	Väike – Munamägi
	Championships in Freestyle &	
	Snowboard Big Air 2019	
12.45-13.45	Children to snow!	Children ski-area at Neljakasemägi
12.45	"Stars World Cup" (3x1km)	1 km CL
13.55	LADIES sprint ¼ final (5x6)	1,3 km CL
	MEN sprint ¼ final (5x6)	1,6 km CL
	LADIES sprint ½ final (2x6)	1,3 km CL
	MEN sprint ½ final (2x6)	1,6 km CL
	LADIES sprint final (1x6)	1,3 km CL
	MEN sprint final (1x6)	1,6 km CL
	Flower Ceremony (Ladies 1st – 3rd place)	Tehvandi Ski Stadium
	Flower Ceremony (Men 1st – 3rd place)	Tehvandi Ski Stadium
	Press conference (Men & Ladies 1st – 3rd place)	Tehvandi Ski Stadium main building 3 rd floor
15.30-17.30	Official Training – Individual start	5 km CL
16.00	Finals of Estonian National Championships in	Väike – Munamägi
	Freestyle & Snowboard Big Air 2019	-
18.00	Team Captains Meeting – Individual Start	Tehvandi Ski Stadium main building 2 nd floor





SUNDAY, JANUARY 20TH, 2019

8.00-17.00	Race Office open	Tehvandi Ski Stadium main building 2 nd floor
8.00-18.00	Press Centre open	Tehvandi Ski Stadium main building 3rd floor
10.30	LADIES individual start	10 km (2x5km) CL
	Flower Ceremony (Ladies 1 st – 3 rd place)	Tehvandi Ski Stadium
11.45	Press conference (Ladies 1st – 3rd place)	Tehvandi Ski Stadium main building 3 rd floor
12.30-13.30	Children to snow!	Children ski-area at Neljakasemägi
14.00	MEN individual start	15 km (3x5km) CL
	Flower Ceremony (Men 1st – 3rd place)	Tehvandi Ski Stadium
15.30	Press conference (Men & Ladies 1st – 3rd place) Tehyandi Ski Stadium main building 3rd floor	